General Crisis/Suicide Prevention:

Axis Health System provides access to emergency therapists and psychiatric consultation (medication and Acute Treatment Unit admissions) 24 hours a day, 7 days a week, including holidays, through the crisis hotline. Crisis Hotlines:

Archuleta, La Plata, and San Juan Counties (970)247-5245

[www.axishealthsystem.org](http://www.axishealthsystem.org)

SAFE2TELL® is designed to help YOU anonymously report any threatening behavior that endangers you, your friends, your family, or your community.

24-Hour Hotline – (877) 542-7233

<http://safe2tell.org>

Health and Wellness:

School Based Health Center is located in Durango High School and Florida Mesa Elementary. A SBHC offers a practical and inexpensive approach for providing preventive and integrated health care services to students during school hours. Most services are confidential and student focused.

Durango High School (970) 259-1630 ext. 2107

<http://dhs.durangoschools.org/hs-school-based-health-center>

Intimate Partner/Domestic Violence:

Alternative Horizons offers assistance and alternatives to victims/survivors of intimate partner/domestic violence. Services are in English and Spanish.

Durango, CO

24-HourHotline: (970) 247-9619

[www.alternativehorizons.org](http://www.alternativehorizons.org)

Sexual Trauma Resources:

Sexual Assault Services Organization (SASO) provides crisis support and legal and medical advocacy as well as prevention education. SASO also offers a free support group for adults who have experienced sexual trauma as a child or teen/adult.

Durango, Colorado

24-Hour Hotline - (970) 247-5400

http://www.durangosaso.org